

The University of Kansas Medical Center Program in Integrative Medicine

Consultations: Your First Visit

- Consultation will take one to one and a half hours.
- Physician reviews New Patient Questionnaire (23 pages) and Medical Symptom Questionnaire (2 pages) and helps to identify health goals and expectations. Questionnaires must be completed prior to visit or consultation will be rescheduled.
- Do not take any vitamin or mineral supplements the morning of your first appointment. Accuracy of blood test results could be affected. Fasting is only necessary if you have not had a recent lipid panel in the last year. If you have afternoon appointment, eat a light breakfast but do not take vitamins or mineral supplements. Bring apple or orange juice if prone to weakness when having blood drawn. Blood work billing is normally run through your insurance, but you are responsible for knowing what your plan covers and what your deductible is. We ask that you provide your insurance information to KUMED before your appointment by calling virtual registration at 913-588-1000.
- Bring completed financial agreement form and signed e-mail consent form (if applicable).
- Bring medical records such as procedure notes with detailed history and physical (H&P), surgical reports, (no actual x-rays or slides) and imaging reports.
- Bring recent blood test results done within the last year.
- Medical records and blood test results can be faxed to us at 913-588-0012.
- Medical record release form (in this packet) can be faxed to your doctor's office. Your request for your medical records should be started early since the process can take up to one month.
- Payment is due at time of service. We do not accept insurance for consultations. We accept cash, check, Visa, Mastercard, or Discover (sorry, no American Express).

Consultations: Follow-up Visits

- Scheduled approximately one month after initial visit to ensure diagnostic testing is complete
- Physician shares in-depth assessment of your health and provides personalized wellness plan based on diagnostic testing

We recommend that you have a primary care physician (PCP) to provide a regular source of acute care since we cannot assume that important role. We are happy to provide copies of your test results and progress notes from your consults to your primary care provider

Nancy Lynn
Patient Service Representative
3901 Rainbow Blvd, Mailstop 1017
2053 Sudler (2nd Floor)
Kansas City, KS 66160

Appts: 913-588-6208
Fax: 913-588-0012
Email: nlynn2@kumc.edu
Website: <http://integrativemed.kumc.edu/>